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## *The Imam Said On Solitude and the Cure for a Troubled Time*

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*قَالَ الْإِمَامُ: كَمْ هُوَ جَمِيلٌ فَبِكُمْ الصَّمْتُ يَا بَشَرُ!*

*The Imam said, and from his words, lessons are drawn:*

*Withdraw from people, and worry and gloom will withdraw from you.*

*Well-being flourishes after sickness and malady,*

*The soul is elevated, and lethargy and numbness are uprooted.*

*A troubled, gloomy present becomes distant,*

*And a distant, flourishing, blossoming paradise draws near.*

*The whisperer deserts you after a long strife,*

*For his instigation failed as your insight sharpened.*

*Life, that bitter herb, becomes sweet, though saturated with colocynth,*

*And the grave matter eases, though its raging fire scorches.*

*The state mends, and the mind clears from turbidity,*

*And thought, after a prolonged slumber, awakens within you.*

*Refrain from poor treatment and from arrogance,  
And meet with goodness one whose hand deals sorrow and betrayal.*

*Overlook misdeeds and the like, which have passed,  
And be quick to apologize from one who does not apologize.*

*Show tenderness to a demeaned little one in years,  
And support a weak one, overcome by incapacity and poverty.*

*The Imam said, and from his words, lessons are drawn:  
How beautiful among you, O people, is silence!*

*For many an eminent sage I have vanquished in debate,  
Yet no ignorant exists but prevails over me.*

*You see the pretender honored in your assemblies,  
While the man of knowledge waits alone in the prayer niche.*

*The Imam said, an eloquent, concise word:  
The best cure for your time's delirium is patience.*

*For every ailment there is a cure wherein recovery lies,*

*And my cure among you is silence and abandonment.*

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